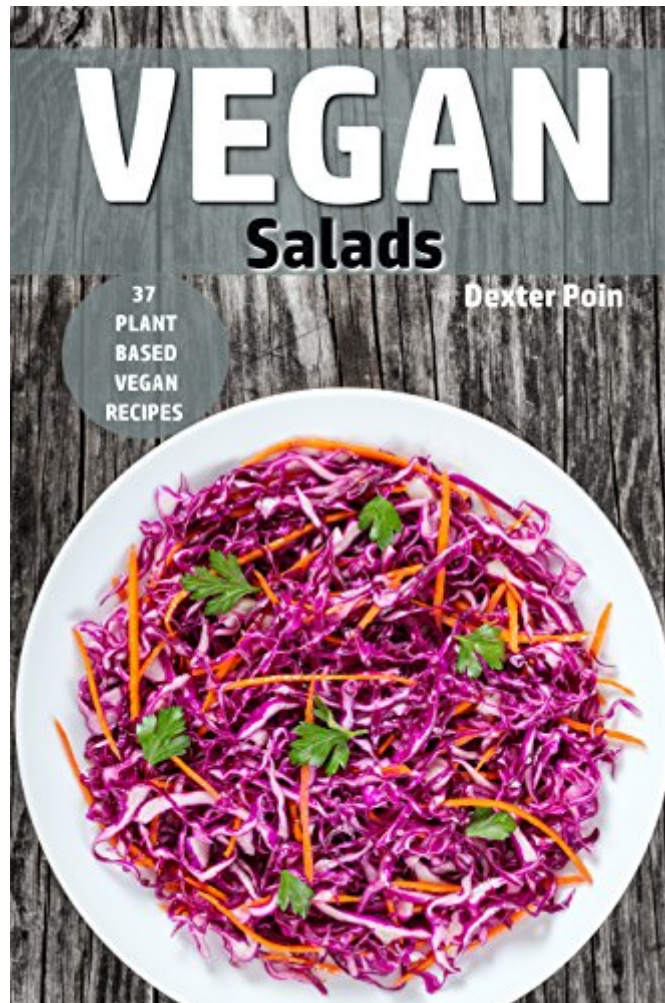




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Vegan Salads : 37 Plant Based Vegan Recipes



Synopsis

Lots of delicious bonus vegan recipes included! Are you looking for some unique, easy to prepare, delicious, vegan salad recipes, that are healthy? Well, you have found the right page! These salad recipes, are great for any occasion. And go great with many types of meals, and diets. Take a look at what is inside. Including all of the extra vegan recipes included in this book... Garbanzo Beans & Citrus Carrot-Raisin-Pineapple Salad Red Pepper and Broccoli Salad Asian Salad Cucumber Salad Brown Rice Corn Salad Purple Cabbage & Red Onion Salad Oriental Salad Corn Salad Tofu Salad Cucumber - Caper Salad Eggplant Salad Vegan Yogurt - Cucumber Salad Green Pepper & Cucumber Salad Cumin and Lime Bean Salad Chickpea and Eggplant Salad Corn and Pepper Salsa Salad Tomato Lime & Sunflower Seed Salad Grapefruit and Avocado Salad Grated Beet Salad Green Bean and Tomato Salad Zucchini & Scallion Salad Sweet Potato Salad Pineapple Salad Carrot Apple Salad Butter Lettuce Fruit Salad Kumquat-Cucumber Salad Plum Fruit Salad Fruit - Rice Salad Honeyberry Salad Cucumber Island Salad Cantaloupe Salad Jicama Slaw Melon Salad Melon Mint Salad Pear Fruit Salad Grape Cardamom Salad BONUS VEGAN RECIPES!!! Shitake Black Bean Rice Coconut Rice with Roasted Almonds Peanut Rice with Bell Peppers Lentils Kale and Miso Soup Apple and Raisin Porridge Rice Creamy Mushroom Soup Spicy and Sour Sweet Potatoes Lentils Rice Chili Stew Banana Coconut Sticky Dessert Fruit and Bean Quinoa Salad Cranberry Kale Quinoa Easy Quinoa Porridge Simple Garlic Quinoa Quinoa Broccoli Casserole Healthy Quinoa Salad Blueberry Breakfast Quinoa Green Beans Quinoa Tasty Red Quinoa with Rice Kale Raisin Quinoa Mixed Vegetable Quinoa Raw Hot Chocolate Whipped Strawberry-Coconut Smoothie Coconut Mint-Chip Shake Chia Seed Oatmeal with Cinnamon Mixed Berries Pecan Sandies Chocolate Ice Cream Cantaloupe Dessert Soup with Coconut Milk Falafels with Fava Beans Creamy Green Avocado Cucumber Smoothie Fig Smoothie Cantaloupe and Peach Smoothie Green Kale and Kiwi Smoothie Mango Strawberry Smoothie Pineapple Avocado Smoothie Pineapple Orange Smoothie Kale Banana Smoothie Watermelon Strawberry Smoothie Energy Lime Watermelon Smoothie Enjoy! Æ'

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